

My STAR event had a lot of relation to FCS. I showed my vidoe to the elementary so hopefully it helps develop their mental health in a way, by showing them that bullying is wrong. If we teach them at a young age they are more likely to carry the lesson on through their lives. My video could also affect someone's mental health or social health. It could help a bully realize what they were doing wrong, and change the way they think or act for the better. If they were to quit bullying one person that one person would have stronger mental and social health as well.